

# Groovy Gauntlets

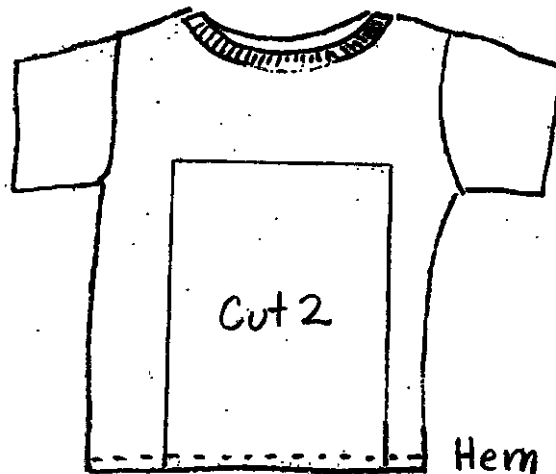
## Groovy Gauntlets Supplies:

medium or large T-Shirt  
ruler  
chalk  
scissors  
straight pins  
needle  
thread to match  
sewing machine

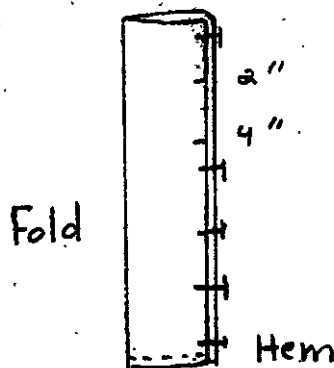
1. The size of the gauntlet will depend on the size of the person wearing them. Measure the length and circumference of the arm and use the sizes provided or modify the size to fit the wearer.

Small 8 x 12  
medium 9 x 14  
large 10 x 16

2. Smooth out the t-shirt so it lays flat. Using a ruler and chalk draw the size of the rectangle you need onto the t-shirt. Cut through both layers of the rectangles you have marked with chalk. This will give you two gauntlets. The hem edge will be the finished edge at the top of the gauntlets.

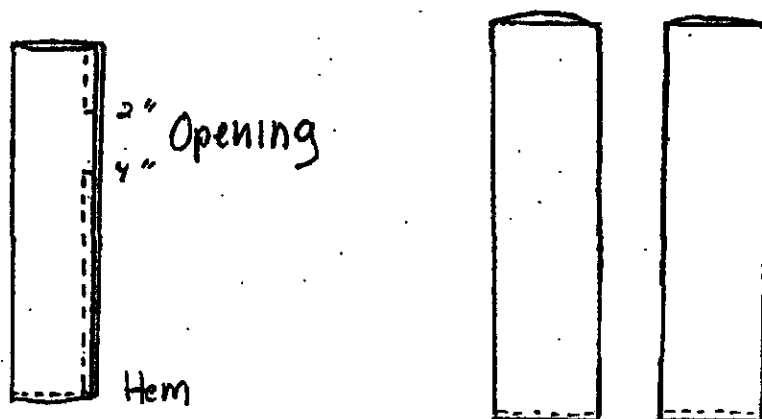


3. Fold one piece in half lengthwise right sides together and pin along the edges. Mark with chalk at 2" and 4" along the edges. Pins should be perpendicular to the raw edge.



3. Stitch a 1/4" seam to the first 2 inch mark. Reinforcement stitch at the beginning and end of this short seam. You have sewn the first part of the seam by the thumbhole. Start a new 1/4" seam at the 4 inch mark of the thumbhole and stitch the full length of the gauntlet remembering to backstitch at the beginning and end of the seam.

Turn the gauntlets right side out and press. You can iron a label on them and they look really cool. You have finished the awesome gauntlets! Try them on!



Finished Gauntlets

These gauntlets can easily be adapted to hand sewing if you do not have a sewing machine.

This pattern was adapted from the book: Generation T 108 Ways to Transform a T-Shirt by Megan Nicolay  
Check out Megan Nicolay's other book: Generation T Beyond Fashion 120 New Ways to Transform a T-Shirt  
by Megan Nicolay